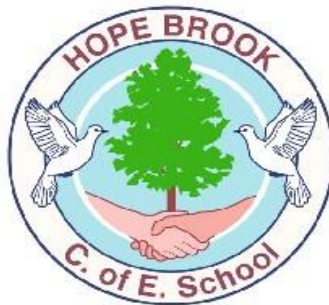


Hope Brook Church of England Primary School



School Food Policy

The staff and governors are committed to the development of each child in a positive, healthy and respectful learning environment to encourage all children to achieve their fullest potential.

We want all the children and adults to achieve success through their own efforts, teamwork, self-discipline and motivation; and through links with the Church, the local community and the global community, work towards a better future for themselves and the world in which they live.

School Food Policy

Hope Brook C of E Primary School was awarded Healthy Schools Plus status in 2011

The principles of this policy also apply to our Breakfast Club and our After School Club

Aims:

- To ensure that our children receive consistent and coherent messages about food and its role in their long-term health.
- To ensure that our children understand that good, nutritious food is essential to their ability to learn as well as their long term health.
- To foster an enjoyment of cooking and for children to learn certain core skills by the time they leave the school.
- To cultivate the role that food has in developing social skills.
- To support the principle of the '5 a day campaign'

Water in the school:

- Children have access to free and fresh water throughout the school day.
- All children are encouraged to bring their own water into their classrooms and are allowed to drink water whenever they feel thirsty.
- Jugs of fresh water are available for children who eat a hot school lunch.
- Children are encouraged to bring appropriate drinks on school trips

Food throughout the school day:

- We discourage parents from providing and our children from eating sweets, chocolates and fizzy drinks before school and during the school day.
- We recognise the importance of eating a balanced breakfast and realise that it is hard to concentrate on learning and maintain energy levels without breakfast.
- Children in Foundation Stage and Key Stage One benefit from the National School Fruit Scheme – this entitles them to one free piece of fruit or vegetable a day.

We have allocated budget to supply Key Stage Two with free fruit and procedures have been implemented to minimize waste. This will continue while funding permits.

Lunch Time

Our school meals are provided by Edwards & Ward who have worked in partnership with Gloucestershire County Council to deliver a high standard of school lunch. The menu is fully compliant with the new Government food based standards 2006, which define and maximise access to healthier types of food. Their menu provides three daily choices of meals, including a vegetarian option. Menus are sent home to enable parents to aid their children to choose a varied and healthy lunch.

- Our dining facilities are organized in 'service style' so pupils having hot dinners will be served from our food counter
- From September 2014, all pupils in FS and KS1 will be provided with a free school dinner in line with the Government initiative
- We aim to support parents in making healthy choices when preparing packed lunches.
- We encourage good habits when discussing packed lunches.

Food in the Curriculum

- We exploit opportunities within the existing curriculum to discuss and work with food.
- We recognise that food has great potential for cross-curricular work.
- Staff receive training to make sure they are confident when working with food and their class.
- Formal food education is delivered via the Design and Technology curriculum (see scheme of work and policy). There are also topics in the CPSHE and Science curriculum.

Cooking

- A teaching assistant runs the cookery programme.
- Attendance is on a rota basis.
- Cooking equipment is provided and is stored in our purpose built cooking area

Gardening Club

- Meets in the summer and autumn term.
- We aim to grow vegetables in our growing boxes and fruit in our nature area

Please also refer to these policies:

- Behaviour and Discipline
- CPSHE
- Equal Opportunities
- Design and Technology

Date of policy: March 2014

Date of review: March 2019

This policy was formulated in consultation with all staff, governors, parents and children

This policy was accepted by the Governing Body at their meeting on Wednesday 12th March 2014, and will be reviewed in 5 years.

Signed

Chair of Governors

Signed

Headteacher