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| **Action Plan 2020 – 2021**  **Hope Brook Church of England School (2020-21)**  **Aims:**   1. Raise pupils’ attainment, aspirations and level of general fitness (which has been vitally important to promote this year due to the pandemic). 2. Ensure pupils participate in active learning. 3. Pupils to experience specialist coaching. 4. Pupils to experience a broad range of sporting activities including access to play in inter-school sporting games and competitions. 5. Pupils are supported in their mental well-being promoted through the 5 ways to well-being:  * a) Connect * b) Be active * c) Take notice * d) Keep learning * e) Give.  1. All staff to develop expertise in delivering sports’ teaching and all aspects of a healthy lifestyle. 2. 100% of all children to be able to swim competently, confidently and proficiently over a distance of at least 25 metres; using a range of strokes effectively and to perform safe self-rescue in different water-based situations by year 6.   **Go to Hope Brook’s Website showing our PE gallery for photographs and comments.** | | | | | | | | | | | | | | |
| **School Plan** | **Planned Funding - £17,000**  **+ monies carried over £3,734.53 (which will used to cover sports kits = £677.13 and outdoor learning = £3057.40 – details below).** | **How our activities link with our aims (actions to achieve, evidence et cetera)** | | | | | | | | | | | **Impacts and Challenges** | **Sustainability and suggested next steps** |
| **Outdoor Learning:**   * Wilderness Centre (Y5-6 Orienteering); Y3-4 Treasure Hunt (simple map reading) and Y1-2 Bush Craft & Den Building). * Outdoor learning (opportunities across the school – links with pre-school/KS1); * Archery KS2 | £3057.40 (taken from monies carried over).   * Wilderness Centre = £1,862.40 * Early Years Active Play = £1,000.00 * Archery at TRAC Centre = £195.00. | 1 | 2 | 3 | 4 | 5 | | | | | 6 | 7 | We are hoping that the visit to the Wilderness Centre will be able to go ahead but it will be dependent upon the lifting of the current Cov-id 19 restrictions and also availability. | In total £3,734.53 was carried over as none of the outdoor events occurred. The Wilderness Centre had a shortage of staff. The sports kits were not available due to issues with manufacturing. |
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| **Staffing Provision (Teaching):**   * In house specialist for PE/Well-being * Swimming coaching | £8,700.00  In house specialist for PE/Wellbeing = £7,500.00  Swimming coaching = £1,200.00 | |  |  |  |  |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | | 1 | 2 | 3 | 4 | 5 | | | | | 6 | 7 | | a | b | c | d | e | | | | | | | | | | | | We value the importance of good health and well-being at Hope Brook. Wellbeing was a welcome stress relieving strategy for the children.  We started the year off with a topic about ‘Colour’ that was a topic with an arts’ focus. This enabled the children to re-connect with their learning after being away from the school environment for so long. It proved a good ice breaker before formal learning commenced.  We had daily emotional charts to gauge how the children were feeling and, dependent upon outcomes, the FSW connected with children who required additional support.  The children enjoyed yoga sessions, such as 3-part breathing, ocean breathing, lion’s breathing, square breathing and alternate nostril breathing.  We posted activities on the website, such as ‘Mindfulness for Kids: The Magnificent Garden’.  We also produced and posted up a document called ‘Hope Brook’s 5 Steps to Mental Wellbeing’ on to the School’s website.  Teachers took time to ‘take notice’ of the simple things, such as listening to the hail and rain.  Throughout lock-down we posted PSHE activities from Coram Education. | Well-being was a high priority last year due to effects of the pandemic.  During our subsequent Ofsted visit in July, children reported that their mindfulness sessions had helped them to manage their feelings.  We are planning to timetable a weekly slot of ‘Mindfulness’ next year. |
| **Provision (Clubs):**   * Coaches – football/tag rugby/netball/rounders/archery/ball skills/dance to introduce competitive sports in order to engage more pupils with specific needs (providing CPD for teachers and TAs) * Specialist teaching for gym. | £1,000.00   * Specialist gym coaching = £1,000.00 | |  |  |  |  |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | | 1 | 2 | 3 | 4 | 5 | | | | | 6 | 7 | | a | b | c | d | e | | | | | | | | | | | | Following Government guidance, tournaments and sports clubs did not take place. | We are planning to employ a specialist PE coach to cover hockey/football/rugby etc to enable pupils to catch up on missed lessons of specific skills due to Cov-id restrictions.  Dance will also become a focus for some classes who missed out on this due to Cov-id. |
| **Promoting well-being and building resilience; supporting the 5 ways to well-being – connect, be active, take notice, keep learning and give.**   * Coram Education; * FSW: supporting SEAL within school and on the playground; * Mental Health First Aid Training; * Playtime leaders (buddies to encourage active play for all children); * Audit; * Daily mile – get all pupils to undertake at least 15 minutes of additional activity per day (£0.00); * Promoting life style through healthy eating (school dinners/topics/harvest et cetera (not included in PE funding)). | £4547.50   * Coram = £547.50 * FSW = £1000.00 * Supporting wellbeing within school (Rainbow breathing, yoga, mindfulness)   = £1,000.00   * £1,000.00 = Outdoor Learning * £1,000.00 Active Playtimes. | |  |  |  |  |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | | 1 | 2 | 3 | 4 | 5 | | | | | 6 | 7 | | a | b | c | d | e | | | | | | | | | | | | The children benefited both physically and emotionally from these sessions.  We continued with the Daily Mile as this is an outdoor event. | Fortunately, our Coram session took place before lock-down occurred and the children benefited hugely from additional Mindfulness sessions. They reported its effectiveness during an Ofsted visit. |
| **Active participation in sporting games and tournaments** (for example, all children to participate in a sports’ day once a year, Y5/6 sports hall competition, Y5/6 GPJ tournament, Y5/6 netball tournament, Y5/6 Quick Sticks Hockey tournament, Cross Country, Y5/6 mountain bike relay team, archery, Quad Kids, GPJ Soccer Open 7s).   * GPJ Entrance fees; * Transportation to events; * Sports’ Games Organiser. | £3477.13 (£677.13 taken from monies carried over).   * GPJ Entrance Fees = £400.00. * Sports’ Organiser = £400.00. * Sports’ equipment = £2,000.00 * Sports kits £677.13 (from monies carried over). | |  |  |  |  |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | | 1 | 2 | 3 | 4 | 5 | | | | | 6 | 7 | | a | b | c | d | e | | | | | | | | | | | | The participation of these events will obviously be dependent upon the lifting of current cov-id-19 restrictions.  The Sports Hall Challenge was undertaken as a virtual event. Despite the fact that this was undertaken virtually, the children still put in 100% commitment.  We recognised that the lockdowns have had a negative impact on fitness levels and have worked hard to build up their stamina – through Daily Mile, skills based lessons building up the length of activities and additional movement sessions for well-being. | The sporting events could not take place but as we had committed to the Sports’ Organiser this still had to be paid. We also did an audit of our equipment and replenished sports’ equipment (balls for both Key Stages and for different sports etc). However, we were unable to purchase the sports kits due to lack of availability so these monies will be carried over into the next academic year. |
| **Enhanced tracking system:**   * Tracking system to track progression of skills and learning of different groups of children across the school. | 0.00 | |  |  |  |  |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | | 1 | 2 | 3 | 4 | 5 | | | | | 6 | 7 | | a | b | c | d | e | | | | | | | | | | | | A tracking system was in place but in the previous year specific sports were missed due to ‘lock-down’ and hall being used as a classroom which impacted on our gymnastics teaching. | This will be reviewed next year to ensure suitable ‘catch up’ of skills and we will consider employing a sports coach/specialist with a view to focus on specific skills, such as football, rugby, hockey as these sports were missed during lockdown when greater focus was placed on keeping active and participating in multi-sport type sessions.  We will also review the focus on dance. |
| **Celebration:**   * Included as part of celebration assembly to ensure the whole school is aware of the importance of PE and sport and to encourage all pupils to aspire to being involved. * Display photographs on sports’ noticeboard/website to raise the profile of PE and sport. | 0.00 | |  |  |  |  |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | | 1 | 2 | 3 | 4 | 5 | | | | | 6 | 7 | | a | b | c | d | e | | | | | | | | | | | | As in the previous year’s lockdown, activities were posted on to the website to encouraged children to keep active and to highlight the importance of keeping fit. | Keeping the school connected via the website helped keep children engage in sport and keeping active. |