## **Extended Autumn Menu 2021** Monday **Tuesday** Wednesday **Thursday Friday** teeding the imagination Vegetable and Bean Fajitas Sausage roll with 1/2 Baked MSC Fishfingers/Salmon Fish Roast Chicken with Stuffing, Beef Spaghetti Bolognaise Option 1 with Rice potato Roast Potatoes and Gravv Fingers with Chips and Tomato Sauce Macaroni Cheese Tomato, Lentil pasta bake Vegetable Wellington with Vegetable sausage hotdog Cheese and Tomato Pinwheel Roast Potatoes and Gravy with Potato Wedges with Chips Option 2 Week 1 Jacket Potato with baked Jacket Potato with cheese Tomato soup with filled Jacket Potato with tuna Jacket Potato with cheese 03/01/2022 Option 3 baguette beans 24/01/2022 14/02/2022 Baked Beans Green Beans Peas Cauliflower Carrots Vegetables Carrots Sweetcorn Savoy cabbage Broccoli Garden Peas Sticky Toffee Apple Crumble Oaty Cookie Mandarin Jelly Pineapple Sponge Apple, Cheese and Biscuits with Custard Dessert Or a choice of Yoghurt & Fresh Fruit available daily 大子門 東京田田子 Roast Pork with Roast Potatoes Mediterranean Chicken with MSC Fish in Batter with Chips Cheese and Tomato Pizza with Sausage & Mash Option 1 and Gravy Rice and Tomato Sauce Wedges Roasted Cauliflower Curry with Vegetable Pasty with Chips Vegetable Tagine with Roasted Quorn with Roast Vegetable Lasagne Option 2 Couscous Potatoes and Gravy Week 2 Tomato soup with 1/2 filled Jacket Potato with baked Jacket Potato with cheese Jacket Potato with baked Jacket Potato with tuna Option 3 baguette beans beans 10/01/2022 31/01/2022 Baked Beans Peas Carrots Broccoli Sweetcorn Vegetables Sweetcorn Green beans Carrots Savoy Cabbage Garden Peas Fruit Crumble with Custard Chocolate Shortbread Lemon Drizzle Cake Peach Pudding with Custard Apple Flapjack Dessert Or a choice of Yoghurt & Fresh Fruit available daily Veggie Hotdog Beef burger in a Bun Roast Gammon with Roast Chicken, Pie with Mashed MSC Fishfingers with Option 1 Potatoes and Gravy **Potatoes** Chips and Tomato Sauce Veggie Meatballs in Tomato Shepherdess Pie Mixed Vegetable Loaf with Vegetable Pasta Bake BBQ Quorn with Chips Option 2 Sauce with Rice Roast Potatoes and Gravv Jacket Potato with cheese Tomato Soup with filled Jacket Potato with tuna Jacket Potato with cheese Jacket Potato with baked Week 3 Option 3 Baguette beans 17/01/2022 07/02/2022 Broccoli Garden Peas Swede Green Beans Baked Beans Veaetables Sweetcorn Carrots Broccoli Cauliflower Garden Peas Eves Pudding with Custard Vanilla sponge with chocolate Fruity Shortbread Pear and Chocolate crumble Iced Sponge sauce and Custard Dessert

Or a choice of Yoghurt & Fresh Fruit available daily

Added Plant Power



Vegan

Wholemeal

## **Available** Daily:

- Freshly cooked jacket potatoes with a choice of fillings (where advertised)
- Bread freshly baked on site daily
- Daily salad selection

## **ALLERGY INFORMATION:**

If your child has an allergy or intolerance please ask a member of the catering team for information. If vour child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of contamination.